

## **RENATA REICH MOISE, MSN, CNM**

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Born in 1960, the only child of Eva Reich MD (daughter of Wilhelm Reich) and the painter William Moise. My knowledge of Wilhelm Reich's work stems from a life time of learning from my parents, who were his close assistants for many years, as well as a life time of reading his books and journals. I stood with my father on our Cloudbuster platform in our garden, watching the flow of Orgone across the hill top, feeling the shift of the breeze, turning the large circular wheels to sweep the sky. I received Orgone Therapy from my mother until adolescence; we lived in the country and no other therapists were available. After I was older, I received body therapy as needed from one of her students. I grew up using the Accumulator on injuries. My original urges were to be painting, and I continue to think of myself as a painter who also happens to be a midwife.

My father died suddenly in 1980 at the age of 58. Within a year I began training to become a Registered Nurse, which in the USA is a first step to become a midwife. My first marriage ended in 1986, and I had a young child to support, working as a nurse. In 1993 I began training in a Masters of Nursing program in Philadelphia at the University of Pennsylvania to become a Certified Nurse Midwife, which I finished in 1994. Since that time I have worked in the same area where I grew up, on the coast of Maine, caring for women in all phases of their lives; offering birth control, care for pregnancy, birth, and well women care. Here in Maine, CNMs are independent practitioners who write prescriptions and function very much like a doctor. We now also have admitting privileges to the local hospital where I am a hospital employed CNM, with four other CNMs (at Maine Coast Memorial Hospital in Ellsworth, Maine, USA). Our practice of Midwives and two Obstetricians is called "Maine Coast Women Care".

I live with my husband, Saxaphonist and Seakayak guide, Antonio Blasi in Hancock; my son (who now lives in my late mother Eva's home), is Chris Ross, a Singer/Songwriter. I find that my own emotional health improves with painting, dancing, kayaking, hiking, gardening, use of our Accumulator blanket, kissing Antonio, and swimming in lakes.

### **Gentle Support during Pregnancy and Birth**

This talk will share my experiences over the last 20 years working as a Certified Nurse Midwife within the hospital environment, in Ellsworth, Maine, USA. We have built a

practice of five nurse midwives, and offer the use of a tub for laboring and birth, and also offer vaginal birth after Cesarean. Our primary Cesarean rate is low by typical standards, ours is between 12 and 15%, while the USA rate stands at 35%. Many of our patients struggle with low income, obesity, smoking, depression, and relationship breakups; others are healthy and well off. Patients come from long distances to see us. I will present my observations from an ergonomic perspective on how the issues like armouring and stress, as well as relationship happiness and supportive love from a partner and the midwives, impacts the pregnancy and birth experience. Giving birth is not a gentle bodily process for most women, one must be gentle in helping woman during the experience.

### **Birth as a Transformative Experience**

This lecture will focus more on specific cases, from an ergonomic perspective: how the culture and the traumas of our society have impacted women (and men), how a pregnancy and birth change women (and men) on a core level, or doesn't. How the bonding process during pregnancy, and after birth, reflect the mothers own ergonomic state, and what we can do to help this delicate time. Also issues like how a woman's own prenatal experience within her own mother, and her experience of her own birth, effect how the woman now feels about a pregnancy and how she bonds with her own child. How the importance of deep bonding is crucial to this time on this planet.

### **Self Regulation within the "Real World". Growing up as the Granddaughter of Wilhelm Reich**

This lecture will share my own experiences as the only child of Eva Reich M.D (daughter of Wilhelm Reich), and the painter William Moise. I was born in 1960, only a few years after the death of WR in prison; my parents worked closely with WR and they were deeply effected by his persecution and death. The actual implementation of self regulation in the care of children is not easy to do in real life, (currently "Attachment Parenting" is close to the idea of self regulation in the early years). I will talk in a practical way about how it was to grow up as I did, as well as how I then parented my own son. I will also speak about living my whole life knowing about, and using, Orgonomy and Orgone energy, while at the same time (for 31 years) working within the traditional medical system.